		ОСТОВЕ	R			<u> </u>
Sat -Sun	5th - 6th	CORBY OPEN MEET	CORBY	L3	SELECTED ENTRIES	NO POOL OR GYM A &
Sun	6th	National County Team Champs	Ponds Forge		Selected swimmers	1
Sun	13th	PETER JERVIS MEET	RETFORD			NO SESSION AT NK SUN
Sun	13th	COUNTY MASTERS	NK		MASTERS	_
Sat 19th - Mon 28th	19th - 20th	LVSC & LOUTH JOINT MEET	LOUTH	L3	ALL SQUADS	NO SESSION SAT OR S AM NO - GYM SAT AM
Fri-Sun	25th - 27th	NATIONAL MASTERS	PONDS FORGE - SHEFFIELD)	MASTERS	
		NOVEMB	ER			<u> </u>
ri-Sun	1st - 3rd	WINTER REGIONALS	HARVEY HADDEN	L3	ALL QUALIFIERS	
Sat	9th	GRANTHAM DISTANCE MEET 800'S	GRANTHAM	L3	ALL QUALIFIERS	
Sun	10th	SCUNTHORPE REMBERANCE MEET	SCUNTHORPE	L3	COMP DEV,CTY DEV, CTY (non distance swimmers) , JNR/SNR DEV	
Sun	10th	GRANTHAM DISTANCE MEET 1500'S	GRANTHAM	L3	ALL QUALIFIERS	-
Sat	16th	400 IM & FC TT	NK		ALL SWIMMERS	
Sat-Sun	30th-1st	SNOW FRILLS	SHEFFIELD	L3	ALL SQUADS	NO SESSION SAT OR S AM NO - GYM SAT AM
		DECEMB	•			
at-Sun	7th-8th	CHESTEFIELD OPEN MEET	ARC LEISURE, MATLOCK DERBYSHIRE	L3	LAST CHANCE COUNTY QUALIFIER	NO SESSION SAT OR S AM NO - GYM SAT AM
Thurs	12th	LINCS C	OUNTY CHAMPS CLOSING DA	TE		
Surface Surface Surface Surface Strong Stron	19th - 22nd	SE NATIONAL WINTER MEET	PONDS FORGE	TBC	ALL QUALIFIERS	
Mon	23rd	LAST AM & P	M TRAINING BEFORE CHR	ISTMAS		GYM AS USUAL MON P
Tues	24th	NO TRAINING - CHRISTMAS EVE				
Weds	25th	NO TE	RAINING - CHRISTMAS DA	Υ		
Thurs	26th	NO TRAINING - BOXING DAY				
Fri	27th - 30th					GYM ASUSUAL FRI PN
Sat	28th	AM TRAINING SESSIONS FOR SQUADS AS USUAL				GYM AS USUAL SAT AN
Sun	29th	AM & PM TRAINING	_			
Mon	30th	AM & PM TRAINING SESSIONS FOR ALL SQUADS AS USUAL				
Tues	31st		RAINING - NEW YEARS EVE	E		
		2025				_
		JANUAR'	-			
Weds	1st	NO TE	RAINING - NEW YEARS DAY	Y		
Thurs	2nd	NO TRAINING AM & PM TRAINING SESSIONS FOR ALL SQUADS AS USUAL GYM ASUSUALFRI PI				
Fri	3rd	AM & PM TRAINING SESSIONS FOR ALL SQUADS AS USUAL				
Sat	4th	ALL TRAINING SESSIONS FOR ALL SQUADS AS USUAL ALL TRAINING SESSIONS FOR ALL SQUADS AS USUAL GIVEN				
Sun	5th	ALL TRAINING SESSIONS FOR ALL SQUADS AS USUAL ALL TRAINING SESSIONS FOR ALL SQUADS RETURN TO NORMAL				
Mon	6th		1	_		GYM AS USUAL MON P
Sat Sun	25th 25th	LINCOLNSHIRE COUNTY CHAMPS - 800'S	GRANTHAM	L3 L3	ALL QUALIFIERS	SMM AS USUAL SUN A
Juli	ZUII	LINCOLNSHIRE COUNTY CHAMPS - 1500'S FEBRUAR	GRANTHAM	LJ	ALL QUALIFIERS	O VIIVI ADOUAL COIN A
Sat	2nd	LINCOLNSHIRE COUNTY CHAMPS	GRANTHAM	L3	ALL QUALIFIERS	NO POOL OR GYM SAT
Sun	3rd	LINCOLNSHIRE COUNTY CHAMPS	GRANTHAM	L3	ALL QUALIFIERS	NO SUNDAY AM SESSIO
Mon	10th		SSION - PM SESSION AS U			GYM AS USUAL MON P
Sat	8th	LINCOLNSHIRE COUNTY CHAMPS	LOUTH	L3	ALL QUALIFIERS	NO POOL OR GYM SAT
Sun	9th	LINCOLNSHIRE COUNTY CHAMPS	LOUTH	L3	ALL QUALIFIERS	NO SUNDAY AM SESSIO
Mon	10th		SSION - PM SESSION AS U		, EL 0(0) Ell ILI(0	GYM AS USUAL MON P
	KEY					

PLEASE NOTE - UNLESS OTHERWISE STATED ALL SESSIONS WILL BE AS USUAL